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B2 Wordlist Unit 3**Navigate**

Here is a list of useful or new words from Unit 3 of Navigate B2 Coursebook. You can insert your own translation.
Words marked with a key (O) all appear in the *Oxford 3000*.

adj = adjective
adv = adverb

conj = conjunction
n = noun

phr v = phrasal verb
pl = plural

phr = phrase
prep = preposition

pron = pronoun
v = verb

achieve O <i>v</i> /ə'tʃi:v/	_____	Most people underestimate what can be achieved in a year.
achievement O <i>n</i> /ə'tʃi:vmənt/	_____	Winning a gold medal is quite an achievement.
adjustment <i>n</i> /ə'dʒʌstmənt/	_____	Making a few adjustments to your life can make you much happier.
as good as gold <i>phr</i> /əz ,gʊd əz 'gəʊld/	_____	Particularly well-behaved children are 'as good as gold'.
assistance O <i>n</i> /ə'sɪstəns/	_____	I need some assistance in choosing a gold ring.
asteroid <i>n</i> /'æstərɔɪd/	_____	Gold may have been brought to Earth by asteroids.
be short of time/money <i>phr</i> /bi ʃɔ:t ɒv taɪm, 'mʌni/	_____	I can't go shopping – I'm really short of time and money.
benefit O <i>n</i> /'benɪfɪt/	_____	You will appreciate the benefits of learning something new.
bravery <i>n</i> /'breɪvəri/	_____	The firefighter received a gold medal for bravery.
build foundations O <i>phr</i> /bɪld faʊn'deɪʃnz/	_____	According to Stephen Covey, it is important but not urgent to build foundations.
capture the imagination <i>phr</i> /'kæptʃə(r) ðə ɪ,mædʒɪ'neɪʃn/	_____	Beautiful, rare and useful, gold has captured our imagination for centuries.
choose the right time <i>phr</i> /tʃu:z ðə raɪt 'taɪm/	_____	We have to choose the right time to tell people important news.
civilization <i>n</i> /,sɪvələ'zeɪʃn/	_____	The Incas were an ancient civilization that made beautiful gold artefacts.
closet O <i>n</i> /'klɒzɪt/	_____	It is a good idea to rearrange your closet so that you don't waste time looking for clothes.
construction worker O <i>n</i> /kən'strʌkʃn 'wɜ:kə(r)/	_____	I think construction workers will work very differently in the future.
consultant <i>n</i> /kən'sʌltənt/	_____	Careers consultant John Moody thinks that the world of work will change fast.
curiosity <i>n</i> /,kjʊəri'ɒsəti/	_____	I read Stephen Covey's book out of curiosity.
customization <i>n</i> /,kʌstəmaɪz'eɪʃn/	_____	Customization means providing goods and services tailored to what people want.
device O <i>n</i> /dɪ'vaɪs/	_____	We now have smart devices which allow us to turn appliances on and off from a distance.
diabetes <i>n</i> /,daɪə'bi:ti:z/	_____	One in three adults today will have developed diabetes by the time they are sixty.
do your best <i>phr</i> /də jɔ:(r) best/	_____	If you don't like your job, do your best to find something you <i>do</i> like about it.
drop out <i>phr v</i> /'drɒpʌʊt/	_____	Even successful business people drop out of university.
effective O <i>adj</i> /ɪ'fektɪv/	_____	Stephen Covey's book describes how highly effective people plan their lives.
encouragement O <i>n</i> /ɪn'kʌrɪdʒmənt/	_____	He needs to be given some encouragement to plan effectively for his future.
enjoyment O <i>n</i> /ɪn'dʒɔɪmənt/	_____	Some people get lots of enjoyment from shopping.
entrance O <i>n</i> /'entrəns/	_____	I can't find the entrance to the shop.
flexibility <i>n</i> /,fleksə'bɪləti/	_____	Flexibility is very important; you need to plan, but also use opportunities in your job.

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freedom Om n /'fri:dəm/	_____	Having enough money gives you the freedom to do what you want.
fritter away time/money <i>phr</i> /'fritə(r) ə'wei taɪm, 'mʌni/	_____	Stephen Covey feels we fritter away too much time.
generosity n /,dʒenə'rɒsəti/	_____	Some famous people are known for their generosity.
get on <i>phr v</i> /get ɒn/	_____	If you want to get on in your career, you have to stay in touch with changes in your field.
get your money's worth <i>phr</i> /get jɔ:(r) 'mʌnɪz wɜ:(θ)/	_____	You should get to the festival early if you want to get your money's worth.
give up Om <i>phr v</i> /gɪv ʌp/	_____	Employers like to see that you don't give up easily if a job is difficult.
golden opportunity <i>phr</i> /'gəʊldən ,ɒpət'ju:nəti/	_____	Getting the chance to take on this brilliant job was a golden opportunity.
have a heart of gold <i>phr</i> /hæv ə hɑ:t ɒv gəʊld/	_____	My grandmother was very kind – she had a heart of gold.
have time/money to spare <i>phr</i> /hæv taɪm, 'mʌni tə speə(r)/	_____	I'm really busy and broke, so I have neither time nor money to spare.
healthcare n /helθkeə(r)/	_____	Because of our ageing population, there will be more jobs in the healthcare sector.
home-cooked <i>adj</i> /həʊm kʊkt/	_____	I much prefer to spend money on home-cooked food than on microwaveable meals.
inheritance n /ɪn'herɪtəns/	_____	The gold necklace was part of her inheritance.
intention Om n /ɪn'tenʃn/	_____	It is my intention to be better at planning.
introduction Om n /,ɪntrə'dʌkʃn/	_____	The introduction of a text is the start of the text.
invent Om v /ɪn'vent/	_____	A lot of new jobs will be invented in the near future.
invest Om v /ɪn'vest/	_____	More people should invest in their future by thinking about what they really want to do.
invest time/money <i>phr</i> /ɪn'vest taɪm, 'mʌni/	_____	Invest time in looking after your health.
invitation Om n /,ɪnvɪ'teɪʃn/	_____	I received an invitation to a talk about career development.
jewellery Om n /'dʒu:ələri/	_____	A lot of people like to spend money on gold jewellery.
kill time <i>phr</i> /kɪl taɪm/	_____	Why do we kill time playing games on our phones or tablets?
know your stuff <i>phr</i> /nəʊ jɔ:(r) stʌf/	_____	If you know your stuff, employers don't care if you've got a degree or not.
lose touch <i>phr</i> /lu:z tʌtʃ/	_____	It is very easy to lose touch with changes in your area of work.
make the most of <i>phr</i> /meɪk ðə məʊst ɒv/	_____	Try to make the most of opportunities to learn something new.
mankind n /mæn'kaɪnd/	_____	Gold has always been of great importance to mankind.
measurable <i>adj</i> /'meʒərəbl/	_____	Make sure your goals are specific and measurable.
measurement Om n /'meʒəmənt/	_____	Take your measurement to make sure the ring will fit.
moreover Om <i>adv</i> /mɔ:(r)'əʊvə(r)/	_____	Moreover, wearable technology may mean that we are available to our employers all the time.
multitude n /'mʌltɪtju:d/	_____	Gold also has a multitude of less traditional uses in industry.
overestimate v /,əʊvə'restɪmeɪt/	_____	Most people overestimate what they can do in a day.
pick (something) up <i>phr v</i> /pɪk sʌmθɪŋ ʌp/	_____	You can pick up a lot of things you need to know on the job.
proficient <i>adj</i> /prə'fɪʃnt/	_____	Younger generations will be much more proficient at IT.
ready-prepared <i>adj</i> /'redi prɪ'peəd/	_____	Ready-prepared meals can be just as good as home-cooked food.
reference Om n /'refrəns/	_____	Please keep this book with you for reference.

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relevance <i>n</i> /'reləvəns/	_____	It doesn't matter because it doesn't have any relevance.
robbery <i>n</i> /'rɒbəri/	_____	Gold jewellery is often taken in robberies.
run out of time/money <i>phr</i> /rʌn aʊt ɒv taɪm, 'mʌni/	_____	I still have a lot to do and I'm running out of time.
scarcity <i>n</i> /'skeəsəti/	_____	In a time of scarcity, people don't have enough to eat.
self-driving <i>adj</i> /self 'draɪvɪŋ/	_____	In the future, we'll have self-driving vehicles.
set aside time/money <i>phr</i> /set ə'saɪd taɪm, 'mʌni/	_____	It is important to set aside time to plan for your future.
significance <i>n</i> /sɪɡ'nɪfɪkəns/	_____	Gold has a special significance in some countries.
specific Om <i>adj</i> /spə'sɪfɪk/	_____	IT skills won't be seen as specific skills in the future.
stay in contact <i>phr</i> /steɪ ɪn 'kɒntækt/	_____	It is easy not to stay in contact with friends who are far away.
stick at (something) <i>phr v</i> /stɪk ət sʌmθɪŋ/	_____	Employers need to see that you can stick at something, even when it's difficult.
stuff Om <i>n</i> /stʌf/	_____	You can learn a lot of stuff on the job.
take for granted <i>phr</i> /teɪk fɔ:(r) grɑ:ntɪd/	_____	Many jobs we take for granted will disappear.
take your time <i>phr</i> /teɪk jɔ:(r) taɪm/	_____	Take your time and plan ahead.
think ahead <i>phr v</i> /θɪŋk ə'hed/	_____	You need to think ahead about what experience you may need in the future.
throw your money around <i>phr</i> /θrəʊ jɔ:(r) 'mʌni ə'raʊnd/	_____	Don't throw your money around – try to save it.
treasure <i>v</i> /'treʒə(r)/	_____	Gold is particularly treasured in the Middle East, China and India.
variation <i>n</i> /,veəri'eɪʃn/	_____	There isn't much variation in these exercises.
vehicle Om <i>n</i> /'vi:əkl/	_____	Certain vehicles, such as trains and buses, probably won't have drivers.
virtual reality Om <i>n</i> /,vɜ:tʃʊ(ə)l ri'æləti/	_____	In 2025, people will be going on virtual reality holidays.
wearable <i>adj</i> /'weərəbl/	_____	People love wearable technology, but there are downsides to it.
well-behaved <i>adj</i> /,wel br'heɪvd/	_____	Well-behaved children are sometimes said to be 'as good as gold'.
while away time <i>phr</i> /waɪl ə'weɪ taɪm/	_____	We often while away time on things which are not important.
wisdom <i>n</i> /'wɪzdəm/	_____	Older people have greater wisdom because of their life experience.
yield <i>n</i> /ji:ld/	_____	Investing time in your health will certainly yield you more time.