

2.1 Present simple and adverbs of frequency

Present simple positive

GR2.1a))

- I **go** to the beach on Saturdays.
- He **gets up** at six o'clock every day.
- She **comes** from Turkey.
- They **have** four children.

Present simple positive (+)

I	cook	at weekends.
You	cook	
He/She/It	cooks	
We	cook	
They	cook	

Spelling rules

- Verbs ending in *-ch, -sh, -s, -ss, -z, -o, and -x*
watch → *watches* *miss* → *misses*
wash → *washes* *go* → *goes*
relax → *relaxes* *do* → *does*
- Verbs ending in consonant + *-y*
study → *studies*
- The third person *he/she/it* form of *have* is *has*.

- We use the present simple to talk about habits or routines.
He goes to work every day.
- We also use it to talk about a fact or something we think is true for a long time.
Penguins eat fish. She lives in Bonn.

Adverbs of frequency

- We use adverbs of frequency with the present simple to say how often we do something.

GR2.1b))

100%						0%
always	usually	often	sometimes	hardly ever	never	

- I **always** go to bed before ten o'clock.
- Do you **usually** have toast for breakfast?
- We're **sometimes** tired in the afternoon.
- They **hardly ever** go to the cinema.

- We usually put the adverb *after* the verb *to be* and *before* all other verbs.
Silvia is often at home on Saturdays.
Andy never goes to work on Sundays.
- Sometimes* and *usually* can come at the beginning or end of sentences.
Sometimes I listen to music at work.
Winters are very cold here, **usually**.

- Complete the sentences with the correct form of the verb in (brackets).

- Four scientists work at the research centre. (work)
- They _____ their jobs. (love)
- Our friend _____ lots of photos. (take)
- We _____ a lot of free time. (have)
- She _____ in the evening. (relax)
- I _____ a book on the bus. (read)
- He _____ films at weekends. (watch)
- You _____ your clothes here. (wash)

- Put the words in the right order to make sentences.

- go / We / to / often / beach / the
We often go to the beach.
- He / big / always / dinner / makes / a

- visit / islands / other / They / sometimes

- You / work / the / in / lab / usually

- sleep / have / never / enough / We

- listen / never / at / music / to / work / I

- It / ever / rains / the / on / island / hardly

- my / in / city / never / It / cold / is

- I / worried / ever / hardly / am

- houses / in / cold / The / sometimes / are / winter

- Complete the text with the correct form of the words in the box.

enjoy finish go hardly have listen never **study**
usually work

Cara is a scientist and she ¹ studies the sun. She lives in Calama in Chile. During the week she gets up early and ² _____ to the research centre. She ³ _____ has a small breakfast – a biscuit and a cup of coffee. She ⁴ _____ with five other researchers. They all ⁵ _____ their jobs. She ⁶ _____ work at five o'clock.

In the evening, she ⁷ _____ dinner with her husband and they often watch a DVD or ⁸ _____ to music. They ⁹ _____ watch TV because they think it's boring and they ¹⁰ _____ ever talk about work.

2.2 Present simple negative

GR2.2a)))

- 1 I **don't have** a lot of free time.
- 2 He **doesn't wear** special clothes for work.
- 3 We **don't get up** early at weekends.

Present simple negative (-)

I You	don't	like tea.
He She It	doesn't	
We They	don't	

- We form the present simple negative with *do/does + not + infinitive without to*.
- We often use contractions: *don't* (= do not) and *doesn't* (= does not).
- For the third person *he/she/it* form we don't add *-(e)s* to the verb.
She doesn't sleep in a bed.
NOT ~~*She doesn't sleeps in a bed.*~~

Adverbs of frequency in negative sentences

GR2.2b)))

- 1 We **don't often** watch a film in the evening.
- 2 He **doesn't always** have breakfast.
- 3 They **don't usually** go out on Fridays.
- 4 She **hardly ever takes** photos.

- Adverbs of frequency go between *don't/doesn't* and the verb.
- We don't use a negative verb with *hardly ever* or *never*.
*You **hardly ever** write.*
NOT ~~*You don't hardly ever write.*~~
*It **never** rains in the summer.*
NOT ~~*It doesn't never rain in the summer.*~~

1 Circle the correct option.

- 1 The sun doesn't / *don't* rise in the south.
- 2 Sara *doesn't* / *don't* want breakfast.
- 3 The shop *doesn't close* / *closes* in the evening.
- 4 I *don't* / *doesn't* sleep a lot.
- 5 They *don't have* / *has* classes today.
- 6 We *don't always eat* / *eat always* fresh fruit.
- 7 You *don't never go* / *never go* to work at night.
- 8 He *doesn't often* / *don't often* get up late.

2 Change sentences 1–10 to make them negative.

- 1 I need perfect eyesight.
You don't need perfect eyesight.
- 2 I work hard.
He _____
- 3 You stop for a break at lunchtime.
She _____
- 4 He watches films on Fridays.
They _____
- 5 She agrees with me.
You _____
- 6 They exercise a lot.
I _____
- 7 It rains every day.
It _____
- 8 He changes his clothes every day.
We _____
- 9 I feel good in the morning.
She _____
- 10 We sleep for eight hours a night.
They _____

3 Complete the text about Sabina's day. Use the words in the box.

am doesn't doesn't don't ~~don't~~ eat like likes

I get up early every day. I ¹ *don't* have breakfast because I ² _____ never hungry in the morning. I have a shower and then I run to catch the bus. It ³ _____ wait for me! At work I ⁴ _____ drink coffee – only water. I usually ⁵ _____ lunch with my friend. I have a sandwich, but my friend doesn't ⁶ _____ bread, so she has fruit and yoghurt. My mum ⁷ _____ to talk to me every day, so I usually phone her in the evening. She ⁸ _____ stop talking!