

Choices

8.1 World happiness report

GOALS ■ Talk about happiness factors ■ Use real conditionals

Vocabulary & Listening happiness factors

- 1 Work with a partner or in small groups. Put the words and phrases in the correct category in the table. Some words may fit into more than one category.

balanced diet childcare cultural activities healthcare
high taxes neighbours physical activity pollution
poverty strong economy volunteer

Health	
Money	
Family/Society	
Leisure	

- 2a Which factors are most important in order to have a good quality of life? With your partner or group put the four categories in order of importance.
- b Read an extract from a newspaper article about the UN *World Happiness Report*. According to the report, what makes a country a happy place to live in?



- c Discuss the questions together.
- Are you surprised by any of the countries named in the list, or their position? If so, why?
 - What do you think is good about your country and how it does the things mentioned in exercise 1?
- 3a 8.1))) Listen to an extract from a podcast about Denmark, which was recently named the happiest country in the world. Number the ideas shown in the photos in the order in which they are discussed.
- b 8.1))) Listen again. What do they say about each photo?
- c Do you think the same things are important? Why/Why not?

World Happiness

You might think that the happiest country in the world would have plenty of sunshine, but you'd be wrong. According to the recent United Nations *World Happiness Report*, nearly all of the top ten countries are well known for long, cold, dark winters. But what they do have is a strong economy, reliable government, and people who look after themselves and each other.

1 Denmark

2 Norway

3 Switzerland

4 Netherlands

5 Sweden

6 Canada

7 Finland

8 Austria

9 Iceland

10 Australia



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Grammar & Speaking real conditionals

- 4a Look at the information in the Grammar focus box and choose the correct options 1–4.

GRAMMAR FOCUS sentences with *if* – real conditionals

If-sentences usually have two clauses: the *if*-clause and the result clause.

- When we talk in general about things that can possibly happen, we use:

If + 1 present simple / will, 2 present simple / will
If people enjoy their job, they are happier in general.

a _____

- When we talk about specific situations in the future, and their possible results, we use:

If + 3 present simple / will, 4 present simple / will
If you eat a balanced diet, you'll feel healthier.

b _____

- We can use modal verbs, particularly *can* and *may*, in either clause.

If you can cycle for thirty minutes a day, it may add one to two years to your life.

- Unless* usually means *except if*.

c _____

→ Grammar Reference page 150

- b Match these sentences to a–c in the Grammar focus box.

- Money doesn't make you happy unless everyone has enough.
- If people work a thirty-seven hour week, they have quite a lot of leisure time.
- If you look a bit further down the list, you'll see that money isn't everything.

- 5a Choose the correct option in each sentence.

- If / Unless* people spend more than an hour travelling to work, they are generally less content.
- If / Unless* you have some close friendships, you will find it hard to be happy.
- If / Unless* you do regular exercise outdoors, you'll be able to work more efficiently.
- People tend to be happier *if / unless* they are in a long-term relationship.
- If / Unless* people are active in work and free time, they'll probably be healthier.

- b 8.2))) Listen and check your answers.

PRONUNCIATION intonation in *if* sentences

- 6a 8.2))) Listen again. Which clause rises in intonation? Which clause falls?

- b 8.2))) Listen again and repeat.

- 7 Complete the sentences with the correct form of the verbs in brackets.

Use a modal verb where possible.

- If they _____ (not have to) pay to visit museums, then people _____ (visit) them more often.
- Extreme weather events _____ (happen) more often and _____ (be) more severe unless we _____ (do) something about climate change.
- If parents _____ (be) allowed paid time off after the birth of a baby, they _____ (decide) how to share the time.
- People _____ (tend) to have more job satisfaction if they _____ (work) reasonable hours and in pleasant conditions.
- If there _____ (be) a cheap and reliable public transport system, people _____ (use) their cars less.
- Doctors say that if you _____ (eat) lots of fresh fruit and vegetables and _____ (exercise) regularly, you _____ (probably live) longer.

- 8 **TASK** Work in groups of four. Take the roles of government ministers and discuss the budget. Turn to page 129.

▶ VOX POPS VIDEO 8