My day

A day in the life of a scientist

GOALS Talk about everyday actions Use the present simple positive to talk about your day

Listening & Grammar present simple and adverbs of frequency





- Work with a partner. Look at the photos and information about Bird Island and answer the questions.
 - 1 Where is Bird Island?
 - 2 What animals live there?
- 2.1) Melanie Szabo is a scientist on Bird Island. Listen to her talking about her day in the summer and in the winter. Tick (\checkmark) the activities she mentions.
 - 1 study penguins 2 get up early
- 7 have dinner
- 8 work in the lab
- 3 have breakfast
- 9 write emails
- 4 go out in a boat
- 10 go to bed late
- 5 visit different islands
- 11 relax
- 6 take photos
- 12 read a book
- 2.1) Listen again and complete the sentences with the correct verbs. Is Melanie talking only about today, or things she does every day?
 - 1 In the summer, my days are long. I_ and ______ to the beach. I watch the penguins.
 - different islands and we photos.
 - 3 In the winter, we usually _____ more free time.

4a Work with a partner. Read the article about Melanie and her colleague, Sven. How are their jobs different?

SCIENTISTS ON BIRD ISLAND

Bird Island is an important scientific research centre. Every year lots of scientists visit the island, but Melanie Szabo, a professor of zoology, works there all year. Sven Olafsson, who is from Bergen in Norway, also works on the island. He studies seals and Melanie watches penguins. The penguins come to the beaches on the north of the island and Melanie often works there alone. Sven never works alone - he always works with the other scientists because the male seals are big and sometimes dangerous! Sven loves his job, but he works very hard and he hardly ever has free time. For Melanie, her favourite time is Saturday night. One of the scientists usually makes a big dinner for the group and they watch a movie together, relax or play games.

- **b** Work with a partner. Would you like to work on Bird Island? Why/Why not?
- Work with a partner. Read the sentences and complete the rules in the Grammar focus box.
 - 1 We visit different islands and we take photos.
 - 2 Sven loves his job, but he works very hard and he hardly ever has free time.
 - 3 Melanie watches penguins.

GRAMMAR FOCUS present simple positive

- We use the present simple to talk about repeated actions and things that are always true.
- To make the present simple positive, we use:

/They + infinitive without to

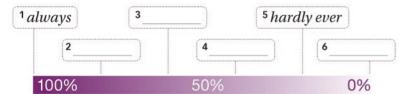
- /She/It + infinitive without to + (e)s
- When a verb ends in -ch, -sh, -ss, -s, -z, -x, we add 3 to the third person he/she/it form.
- The third person he/she/it form of have is 4
- → Grammar Reference page 138

PRONUNCIATION third person -(e)s

- The third person -s is pronounced /s/ or /z/ with most verbs, e.g. works, goes.
- With verbs ending in -ch, -sh, -ss, -s, -z or -x, the third person he/she/it form is pronounced /ız/, e.g. watches, washes.
- 6a 2.2) Listen to three sentences and repeat.
 - 1 Melanie watches penguins./ız/ 3 Sven loves his job./z/
 - 2 Sven also works on the island. /s/
- **b** 2.3) Listen and circle the final sound you hear in verbs 1-6.
 - 1 goes /z/ /ɪz/ 3 cooks /s/ /ɪz/ 5 makes /s/ /ɪz/
 - 2 teaches z/z/ 1z/ 4 relaxes s/z/ 1z/ 6 plays z/z//1z/
- c 2.4) Listen, check and repeat.
- 7a Read the Grammar focus box about adverbs of frequency.

GRAMMAR FOCUS adverbs of frequency

- Adverbs of frequency, e.g. always, never, sometimes, etc. tell us how often or how frequently something happens.
- In the present simple, adverbs of frequency come after the verb to be, but before all other verbs.
 In the winter, the weather is always very cold.
 Melanie often works there alone all day.
- → Grammar Reference page 138
- **b** Work with a partner. <u>Underline</u> the adverbs of frequency in exercise **4a**. Write them in the correct place in the diagram.



8a Read the sentences about a scientist's week and complete the sentences with the correct form of the verbs in the box.

а	rrive	be	go (x2)	get up	have	relax	return	work
1			he week, ano at se					
2	His work dangerous and he alone. (sometimes/never)							
3	He to the research centre at about 1 o'clock and he lunch in the lab. (usually/always)							
4			y and Sa oi	•	_			at home. to
	bed early. (usually/hardly ever/often)							

- b Read the sentences in exercise 8a again and put the adverbs in (brackets) in the correct places.
- c 2.5) Listen and check your answers.

Vocabulary & Speaking daily activities

9a Work with a partner. Match illustrations 1–12 to the phrases in the box.

get up go home go to bed go to work/college have a shower have lunch/dinner listen to music make breakfast play video games read a book see friends watch TV/a film



- b 2.6) Listen, check and repeat.
- 10a TASK Tell your partner five things about your day, using the phrases in exercise 9a and adverbs of frequency. Give more information when you can.

I get up at about eight o'clock.

I (sometimes/always/never) have a shower ..., etc.

b Work with a different partner. Tell them about your first partner's day.

Alexa gets up at eight o'clock. She always has a shower.

